

## Sub Schedule at Phinney Ridge Yoga January 2012

### Friday, January 13<sup>th</sup>

6:15 a.m.	Immersion	Alene Moroni
9:30 a.m.	All Levels	Linda Heuertz
11:30 a.m.	Cancer Life Line at PRY	Linda Heuertz

### Sunday, January 15<sup>th</sup>

9:30 a.m.	Dynamic Flow	Suzette Birrell
11:00 a.m.	All-Levels	Mary Marmorstone

### Monday, January 16<sup>th</sup>

6:15 a.m.	Immersion	Alene Moroni
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### Tuesday, January 17<sup>th</sup>

7:00 p.m.	Cancer Life Line at NW Hospital	Linda Heuertz
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### Wednesday, January 18<sup>th</sup>

6:15 a.m.	Immersion	Alene Moroni
6:00 p.m.	All Levels and Core	Suzette Birrell

### Friday, January 20<sup>th</sup>

6:15 a.m.	Immersion	Suzette Birrell
9:30 a.m.	All Levels	Linda Heuertz
11:30 a.m.	Cancer Life Line at PRY	Mem Rippey

### Sunday, January 22<sup>nd</sup>

9:30 a.m.	Dynamic Flow	Suzette Birrell
11:00 a.m.	All Levels	Mary Marmorstone

### Monday, January 23<sup>rd</sup>

6:15 a.m.	Immersion	Suzette Birrell
6:00 p.m.	All Levels and Core	Suzette Birrell

### Tuesday, January 24<sup>th</sup>

7:00 p.m.	Cancer Life Line at NW Hospital	Linda Heuertz
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### Wednesday, January 25<sup>th</sup>

6:15 a.m.	Immersion	Alene Moroni
6:00 p.m.	All Levels and Core	Carey deMartini